

SAN MATEO COUNTY COMMUNICABLE DISEASE (CD) CONTROL PROGRAM

COMMUNICABLE DISEASES AND CONDITIONS EXPOSURE NOTICE AND EXCLUSION TABLE

Disease or Condition	Contact San Mateo County CD Control (650) 573-2346		Distribute Exposure Notice to Parents for single case in school setting	Exclusion: Childcare, preschool, medically fragile settings (SMCOE)
	Single Case	Cluster (greater than baseline or as specified below)		
Amebiasis	Yes	Yes	Yes	Until symptom free for
Campylobacter	Yes	Yes	Yes	Until symptom free for
Chickenpox (Varicella)*	Yes (as an FYI to CD only)	yes, if 5 or more cases (CDPH 2013)	Contact CD Control BEFORE distributing disease-specific exposure notification	Until all lesions/blisters (usually about 5 days)
Conjunctivitis	No	Yes	Yes	Until cleared by medic
Diarrhea/Vomiting	No	Yes if 2 or more in a classroom	Yes	Until symptom free. <i>In outbreak situation reportable illnesses,</i> cleared by San Mateo Disease Control Progr preschool.
E. coli 0157	Yes if childcare/ preschool	Yes	Yes	Clearance needed from San Mateo County CD Control

***These diseases represent vaccine-preventable and/or disease types that require close follow-up and monitoring of exposed persons. Contact San Mateo County CD Control ASAP in the occurrence of ANY of these diseases.**

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Fifth Disease	No	Yes	Yes	Until cleared by medic
Giardia	Yes if child care/ preschool	Yes	Yes	Until symptom free fo
H. influenzae type B (HiB)*	Yes	Yes	Contact CD Control BEFORE distributing disease-specific exposure notification	Until treated and clear
Hand Foot Mouth Disease (Enterovirus)	No	Yes	Yes	Until fever-free
Hepatitis A*	Yes	Yes	Contact CD Control BEFORE distributing disease-specific exposure notification	Until 7 days after appe onset of other illness
Herpes Simplex	No	Yes	Yes	Mouth ulcers/blisters secretions
Impetigo	No	Yes	Yes	Until 24-48 hours afte OR after sores have cr
Influenza*	No	Yes, 2 or more in same classroom	Contact CD Control BEFORE distributing disease-specific exposure notification	Until after 24 hours fe fever-reducing medica
Lice (Head Lice)	No	No	School decision per CDPH guidance	At the end of the schoo per CDPH guidance

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Measles (Rubeola)*	Yes	Yes	Contact CD Control BEFORE distributing disease-specific exposure notification	Until 5 days after rash
Mononucleosis	No	Yes	School decision	Until recovered
Meningitis, Bacterial (Not Meningococcal disease)*	Yes	Yes	Contact CD Control BEFORE distributing disease-specific exposure notification	Until treated
Meningitis, Viral	No	Yes	School decision	Until recovered
Meningococcal Disease*	Yes	Yes	Contact CD Control BEFORE distributing disease-specific exposure notification	Until treatment compl
Methicillin resistant Staph aureus (MRSA)	No	Yes	School decision	Until lesions can be co draining
Mumps*	Yes	Yes	Contact CD Control BEFORE distributing disease-specific exposure notification	Until 5 days from onse
Pertussis*	Yes	Yes	Contact CD Control BEFORE distributing disease-specific exposure notification	Until completion of 5 d
Pink Eye (conjunctivitis)	No	Yes	Yes	Until cleared by medic

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Pinworm	No	Yes	Yes	Until treatment is completed
Respiratory Syncytial Virus (RSV)	No	Yes	Yes	Until cleared by medic
Ringworm <i>Revised 12/14/2015</i>	No	Yes	Yes	<i>Ringworm on the skin:</i> and lesions are covered <i>Ringworm on the scalp:</i> started and lesions are
Roseola Infantum	No	Yes	Yes	Until asymptomatic
Rubella*	Yes	Yes	Contact CD Control BEFORE distributing disease-specific exposure notification	Until 7 days after rash
Salmonella	Yes, child care/ preschool	Yes	Yes	Clearance needed from San Mateo County CD Control
Typhoid/Paratyphoid Fever (Type of Salmonella infection)	Yes, child care/ preschool	Yes	Contact CD Control BEFORE distributing disease-specific exposure notification	Clearance needed from Control
Scabies	No	Yes	Yes	Until treatment is com
Scarlet Fever	No	Yes	Yes	Until 24 hours after st
Shigellosis	Yes	Yes	Yes	Clearance needed from San Mateo County CD Control
Shingles	Yes (as an FYI to CD only)	Yes	Yes	Until all lesions/blisters covered (Amer Academ

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Strep Throat	No	Yes	Yes	Until 24 hours after start

EXPOSURE DEFINITION

A significant communicable disease exposure is defined by criteria set by the Centers for Disease Control and Prevention and the local health department and may include:

- A. Contact with another person’s blood, bodily tissue, or other body fluids containing visible blood (e.g. open wound; exposed skin that is chapped, abraded, affected with a rash) and/or **mucous membranes** (e.g. mouth).
- B. Contaminated (used) needle stick injury.
- C. Face-to-face contact in areas with restricted ventilation with students who have airborne communicable disease (e.g. H1N1, Avian flu, tuberculosis, measles, chickenpox or N.Meningitidis meningitis)
- D. When a person attends a group setting during his/her infectious or symptomatic period, and has close contact with other members of the group (see next page for definition of close contact).

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If extent of exposure is in question please contact San Mateo County Communicable Disease Control at 650.234.2346.

CLOSE CONTACT DEFINITION

1. Direct face-to-face contact for a period of time (defined based upon the disease being monitored) with a symptomatic, OR
2. Shared confined space in proximity for a prolonged period of time, such as greater than one hour, with a symptomatic patient, OR
3. Direct contact with respiratory, oral, or nasal secretions from a symptomatic case-patient (e.g. an explosion, coughing, sneezing, or shouting) in the face, sharing food, sharing eating utensils during a meal, kissing, mouth-to-mouth resuscitation, or performing a medical exam including examination of the throat and nose).

References:

Aronson MD, Susan and Shope MD, Timothy. Managing Infectious Diseases in Child Care and Schools. 2nd Edition. San Mateo County Communicable Disease Control. (June 2006). A Manual for the Control and Prevention of Communicable Diseases in San Mateo County.

Grossman, Leigh B. (2003). Infection Control in the Child Care Center and Preschool. 6th Ed.

Heymann, David L. (2004). Control of Communicable Diseases Manual 18th Ed.

UC San Diego Health System . (2007). Definition of Close Contacts for Communicable Diseases.